# MUGBERIA GANGADHAR MAHAVIDYALAYA

P.O.—BHUPATINAGAR, Dist.—PURBA MEDINIPUR, PIN.—721425, WEST BENGAL, INDIA
NAAC Re-Accredited B+Level Govt. aided College
CPE (Under UGC XII Plan) & NCTE Approved Institutions
DBT Star College Scheme Award Recipient

E-mail: mugberia\_college@rediffmail.com // www.mugberiagangadharmahavidyalaya.ac.in

# REPORT ON

# "COACHING FOR NET/SET"

# ORGANIZED BY

Department of Nutrition

Mugberia Gangadhar Mahavidyalaya

15.09.2022-30.06.2023

Report prepared by Mrs. Moumita Samanta, SACT, Dept. of Nutrition, Mugberia Gangadhar Mahavidyalaya



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Date: 08.09.22

### **NOTICE**

All PG students of M.Voc are hereby informed that the department of Nutrition is going to start coaching for NET/SET from 15.09.22 to 30.06.23 to provide coaching for students who are preparing and appearing for the NET/SET examinations. The program is open to all M.Voc students of the department.

The classes will be held for three days in a week. This coaching will be extremely beneficial for students in terms of academic quality.

So, all interested students are advised to participate in the program positively.

Cargadhar Agas

Principal 98-69-2027

Mugberia Gangadhar Mahavidyalaya

Principal

Mugheria Gangadhar Mahavidyalaya



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**REPORT: Offline NET and SET Coaching** 

UGC NET coaching is the best and most innovative concept to upgrade your preparation strategy and score better in the exam. Department of Nutrition organized Online NET and SET coaching (every Monday, Wednesday and Friday) for students of Dept. of Nutrition for "Home Science (UGC NET and West Bengal SET)" and "Food Technology (ICAR NET)" started on 15th September, 2022. Offline Classroom Program UGC NET courses enable you to prepare for the UGC NET and other SET exams with unlimited access. The UGC NET Offline Coaching lets you access all the offline classes, numerous mock tests, and study material in one go. Prepare with the top subject experts and faculties with excellent result records. The Offline Classroom Program UGC NET courses cover the entire syllabus for all the net exams in a comprehensive manner.

#### **NTA UGC NET Home Science Syllabus**

Food Science: Food Groups, Food Preparation, Food Preservation, Food Science and Food Analysis, Food Processing

Nutrition Science: Fundamentals of Nutrition, Nutritional Biochemistry, Food Microbiology, Public Nutrition, Therapeutic Nutrition

Institutional Management: Management of Hospitality Institutes – Hospital / Hotel / Restaurant / Cafe and Outdoor catering., Management of Social Institutes – family as Institute, child care and Geriatric institutes, Panchayats., Management of Educational Institutes – Pre – school, Primary and Secondary Schools, (Colleges and Universities) Higher Educational Institutes. Management of Special Institutes for physically, mentally and socially challenged. Challenges and problems faced by Institutions.

Clothing: Principles of clothing – Socio – Psychological aspects of Clothing, selection of Fabrics, Clothing and Family Clothing, Clothing Construction – basic Principles of Drafting, Flat Pattern and Draping Methods, Textile Design – Principles and Concepts, Fashion Design – Fashion Cycles, Business and Merchandizing, Care and Maintenance of Textile Materials and Garments; Laundry Agents – Methods and Equipments.

Textiles: General Properties and Fine Structure of all Textile Fibers, Processing and Manufacture of all natural and man – made fibers, Definition and Classification of Yarns; Identification of yarns and its use in various fabrics, Fabric construction, definition and types of woven, non – woven, knitted and other construction techniques, Testings of fibers, yarns and fabric; Importance of quality control and research institutes.

Resource Management: Concept of Home management and steps, Management of Human Resources; Classification of Resources; Basic Characteristics of Resources, Decision making in family; Steps in decision making; Methods of resolving conflicts, Work simplification; Importance of work simplification in home; Muhdel's classes of change; Simple pen and pencil technique in work simplification, Housing, Interior Design, Principles of Interior Design, Various Colours and Colour Schemes, Household equipment – Selection and Care.

Human Development : Child Development – Principles and Stages, Life Span Development – Theories of Human Development and Behaviour, Child rearing, Socialization practices and

Dynamics, Early Childhood Care and Education – Emerging trends, Development problems and disabilities during childhood and adolescence, guidance and counselling, Advanced Child Study methods and assessment, Women's Studies, Family Welfare Program – Recent Approaches.

Non – Formal Education and Extension Education: History and Development of Home Science in Formal / Non-formal and Extension Education, Theory and Practices of Program / Curriculum planning and development, Management and Administration of Formal / Non – formal and Extension Education, Monitoring, Supervision and Evaluation of Formal, Non – formal and Extension Education, Vocationalization of Home Science in India, Theories and Principles of Guidance and Counselling in Formal / Non – formal / Extension, Problems and Challenges encountered in Formal / Non – formal / Extension.

Developmental and Educational Communication: Concept and Classification of Communication, Traditional Methods and Materials of Communication – Selection / Preparation / Use, Modern Methods and Materials of Communication – Selection / Preparation / Use, Strategies for Developmental Communication, Classroom Communications in Home Science trends, Communication for Publicity and Public Relations.

Change and Challenges in Communication in Contemporary Society.

Methods of Research: Trends in Research in Home Science, Research Designs, Types of Research, Sampling Techniques, Selection and Preparation of Tools for data collection, Type of variables and their selection, Data collection and classification / coding, Analysis of data through parametric and non – parametric statistics, Report Writing – presentation of data, interpretation and discussion

Some of the Best Books for UGC NET Home Science are UGC NET / SLET Paper-II Home Science by Navneet Kaur Sokhi, Home Science (Reference for UGC, NET, JRF) by V. L. Yadla, NTA UGC NET Home Science Paper 2 Arihant. This book helps candidates to prepare well for the UGC NET exam.

#### **SYLLABUS**

Subject: GENERAL PAPER ON TEACHING & RESEARCH APTITUDE Code No.: 00

PAPER-I

The main objective is to assess the teaching and research capabilities of the candidates. The test aims at assessing the teaching and research aptitude as well. Candidates are expected to possess and exhibit cognitive abilities, which include comprehension, analysis, evaluation, understanding the structure of arguments, deductive and inductive reasoning. The candidates are also expected to have a general awareness about teaching and learning processes in higher education system. Further, they should be aware of interaction between people, environment, natural resources and their impact on the quality of life. The details of syllabi are as follows:

Unit-I Teaching Aptitude 
Teaching: Concept, Objectives, Levels of teaching (Memory, Understanding and Reflective), Characteristics and basic requirements.

Learner's characteristics: Characteristics of adolescent and adult learners (Academic, Social, Emotional and Cognitive), Individual differences.

Factors affecting teaching related to: Teacher, Learner, Support material, Instructional facilities, Learning environment and Institution.

Methods of teaching in Institutions of higher learning: Teacher centred vs.

Learner centred methods; Off-line vs. On-line methods (Swayam, Swayamprabha, MOOCs etc.

Teaching Support System: Traditional, Modern and ICT based.

Evaluation Systems: Elements and Types of evaluation, Evaluation in Choice Based Credit System in Higher education, Computer based testing, Innovations in evaluation systems.

#### Unit-II Research Aptitude

□ Research: Meaning, Types, and Characteristics, Positivism and Post-positivistic approach to research. Methods of Research: Experimental, Descriptive, Historical, Qualitative and Quantitative methods. Steps of Research. Thesis and Article writing: Format and styles of

referencing  Application of ICT in research. Research ethics.					
Unit-III Comprehension					
$\square$ A passage of text be given. Questions be asked from the passage to be answered.					
Unit-IV Communication					
☐ Communication: Meaning, types and characteristics of communication.					
Effective communication: Verbal and Non-verbal, Inter-Cultural and group communications,					
Classroom communication.Barriers to effective communication.Mass-Media and Society.					
Unit-V Mathematical Reasoning and Aptitude					
☐ Types of reasoning.					
□ Number series, Letter series, Codes and Relationships.					
☐ Mathematical Aptitude (Fraction, Time & Distance, Ratio, Proportion and					
Percentage, Profit and Loss, Interest and Discounting, Averages etc.).					
Unit-VI Logical Reasoning					
☐ Understanding the structure of arguments: argument forms, structure of					
categorical propositions, Mood and Figure, Formal and Informal fallacies,					
Uses of language, Connotations and denotations of terms, Classical square of opposition.					
☐ Evaluating and distinguishing deductive and inductive reasoning.					
□ Analogies.					
☐ Venn diagram: Simple and multiple use for establishing validity of arguments.					
Indian Logic: Means of knowledge.					
☐ Pramanas: Pratyaksha (Perception), Anumana (Inference), Upamana					
(Comparison), Shabda (Verbal testimony), Arthapatti (Implication) and					
Anupalabddhi (Non-apprehension).					
☐ Structure and kinds of Anumana (inference), Vyapti (invariable relation),					
Hetvabhasas (fallacies of inference).					
Unit-VII Data Interpretation					
☐ Sources, acquisition and classification of Data.					

Quantitative and Qualitative Data.				
☐ Graphical representation (Bar-chart, Histograms, Pie-chart, Table-chart				
and Line-chart) and mapping of Data.				
☐ Data Interpretation.				
Data and Governance.				
Unit-VIII Information and Communication Technology (ICT)				
☐ ICT: General abbreviations and terminology.				
☐ Basics of Internet, Intranet, E-mail, Audio and Video-conferencing.				
Digital initiatives in higher education.				
☐ ICT and Governance.				
Unit-IX People, Development and Environment				
☐ Development and environment: Millennium development and Sustainable development goals.				
$\hfill \Box$ Human and environment interaction: Anthropogenic activities and their impacts on				
environment.				
$\hfill\Box$ Environmental issues: Local, Regional and Global; Air pollution, Water pollution, Soil				
pollution Noise pollution, Waste (solid, liquid, biomedical, hazardous, electronic), Climate				
change and its Socio-Economic and Political dimensions.				
☐ Impacts of pollutants on human health.				
$\hfill\square$ Natural and energy resources: Solar, Wind, Soil, Hydro, Geothermal, Biomass, Nuclear and				
Forests.				
☐ Natural hazards and disasters: Mitigation strategies.				
☐ Environmental Protection Act (1986), National Action Plan on Climate				
Change, International agreements/efforts -Montreal Protocol, Rio Summit,				
Convention on Biodiversity, Kyoto Protocol, Paris Agreement, International				
Solar Alliance.				
Unit-X Higher Education System				
☐ Institutions of higher learning and education in ancient India.				
☐ Evolution of higher learning and research in Post Independence India.				
☐ Oriental, Conventional and Non-conventional learning programmes in India.				
☐ Professional, Technical and Skill Based education.				

☐ Value education and environmental education.
☐ Policies, Governance, and Administration.
NOTE: (i) Five questions each carrying 2 marks are to be set from each
Module.
(ii) Whenever graphical/pictorial question(s) are set for sighted candidates, a passage followed
by equal number of questions and
weightage be set for visually impaired candidates
Reference books

- 1.Trueman's UGC NET/SET General Paper I by M. Gagan, Sajit Kumar
- 2.CBSE UGC NET/SET/JRF Paper 1: Teaching and Research Aptitude by KVS Madaan
- 3. UGC NET/JRF/SLET General Paper-1 Teaching & Research Aptitude by Arihant Experts
- 4.UGC NET/SET Paper 1 by MHE
- 5.CBSE UGC-NET: Teaching and Research Aptitude-JRF and Assistant Professor Exam Guide (for Paper-I) (CBSE UGC (NET) JRF & Asstt. Professor Exam).

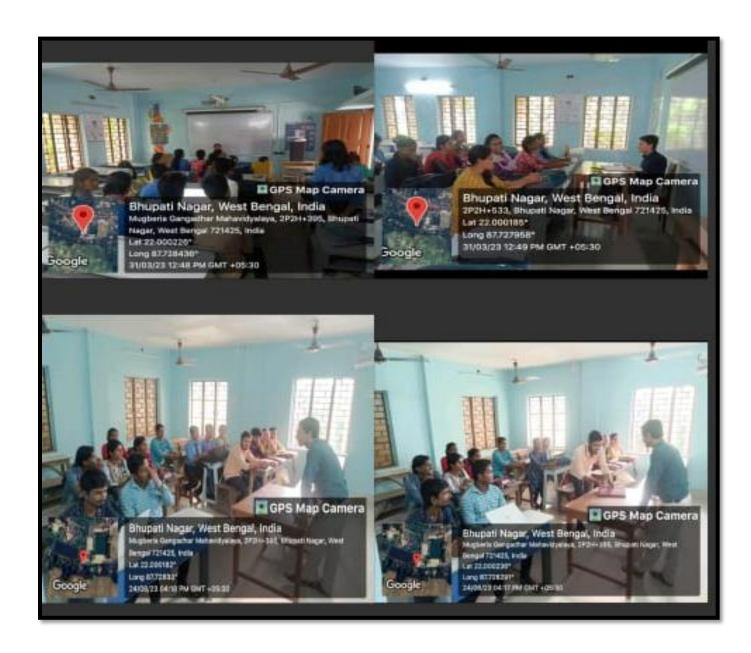
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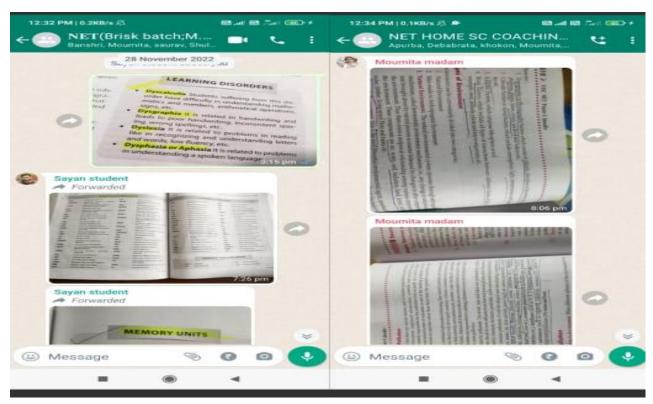
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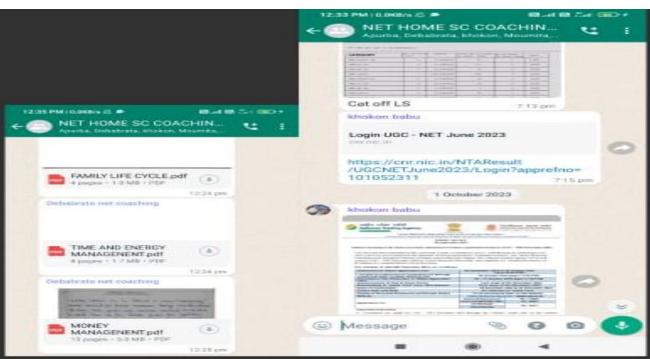
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#### **ONLINE STUDY MATERIALS:**





#### STUDENT APPLIES FOR NET EXAMINATION:





national Eligibility TEST (NET)-2023, SUBLECT MATTER SPECIALIST (SMS) (T-6) & SENIOR TECHNICAL OFFICER (TO) (T-6) EAMATON - 2023 जाकको उपयोग्ध भागील में विशेष अस्याय पर प्रवेश किया जाता है।
You are hereby provisionally admitted to the above examination.

परीक्षा की तिथि/Date of Examination : 30-Apr-2023 परीक्षा का समय/Time of Examination : 12.30 PM-02.30 PM रिपोरिंग समय/Reporting Time : 11.30 AM

के लिए आवेदन/Applied For. NET पंजीकरण सं./Registration No. 23019272 5045557493 अनुक्रमांक/Roll No. परीक्षार्थी का नाम/Name of the Candidate. TIYASA ROY SAROJ ROY जन्मतिमि/Date of Birth.

20-Dec-2000 Un-Reserved (Ge

वर्ग/Category. विषय (कोड संख्या)/ Discipline (Code No.). Food Technology (55) फोटो पहचान पत्र और उसका नंबर/ Photo ID card & its number. : Aadhar Card (891692505447)

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(Rakesh Bhardwaj) परीक्षा नियंत्रक Controller of Examina

ापा विस्तृत अनुदेश देखाँ । / Please see detailed in:





क्रमेच पद / Admission Certificate
NATIONAL ELIGIBILITY TEST (NET)-2023, SUBLECT MATTER SPECIALIST (SMS) (T-6) & SENIOR TECHNICAL
OFFICER (STO) (T-6) EXAMINATION - 2023
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You are hevely provisionally admitted to the above examination.

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पंजीकरण सं./Registration No. 23021088 5045558235 अनुक्रमांक/Roll No. परीक्षार्थी का नाम/Name of the Candidate SHIBANI MAITY पिता का नाम/Father's Name . SWAPAN MAITY जन्मतिथि/Date of Birth. 8-Sep-2000 वर्ग/Category. शारीरिक विकलांग/Person with Disability. ; No

विषय (कोड संख्या)/ Discipline (Code No.). फोटो पहचान पत्र और उसका नंबर/ Photo ID card & its number. : Food Technology (55) ; Aadhar Card (964427434313)

परीक्षा केन्द्र (कोड संख्या)/ Fxamination Center (Code No.). : BARRACKPORE / KOLKATA-01 (04) REGENT EDUCATION AND RESEARCH FOUNDATION BARA KANTHALIA, SEWLI TELINI PARA, NORTH 24 PARGANAS, परीक्षा केंद्र का नाम और पता/ Address of Examination Center.

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You are hereby provisionally dentified to the above examination.

परीक्षा की तिथि/Date of Examination : 30-Apr-2023 परीक्षा का समय/Time of Examination : 12.30 PM-02.30 PM Rेपोर्टिंग समय/Reporting Time : 11.30 AM

पंजीकरण सं./Registration No 23019491 पासवर्द/Password. NFQPKU पिता का नाम/Father's Name . ANUP PANDA जन्मतिथि/Date of Birth. 19-Dec-2000

वर्गा/Category. शारीरिक विकलांग/Person with Disability. · Un-Reserved (G शिंग/Gender. বিশা/Gender. বিশ্বয় (কাঁহ হাঁজা)/ Discipline (Code No.). কাঠা ফুলান যত্ত এটা বেজনা নাৰং/ Photo ID card & its number. ঘটাৱা নালু (কাঁহ হাঁজা)/ Examination Center (Code No.). : Food Technology (55)

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प्रशेष पत्र / Admission Certificate
NATIONAL ELIGIBLITY TEST (NET). 2023, SUBJECT MATTER SPECIALIST (SMS) (1-6) & SSHORT ECHNICAL
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You are hereby proviously admitted to the above examination.

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पंजीकरण सं./Registration No. 23023510 अनुक्रमांक/Roll No. 5045558686 पासवर्ड/Password. 7CMHGB पिता का नाम/Father's Name . BIKASH MANNA जन्मतिथि/Date of Birth. 1-Feb-2001

शारीरिक विकलांग/Person with Disability.

विषय (कोड संख्या)/ Discipline (Code No.). फोटो पहचान पत्र और उसका नंबर/ Photo ID card & its number. Food Technology (55) PAN Card (FGVPM3535G) BARRACKPORE / KOLKATA-01 (04)

परीक्षा केन्द्र (कोड संख्या)/ Examination Center (Code No.). REGENT EDUCATION AND RESEARCH FOUNDATION BARA KANTHALIA, SEWLI TELINI PARA, NORTH 24 PARGANAS, परीक्षा केंद्र का नाम और पता/ Address of Examination Center.

Examination Center: BARANCHORE, SANCH TELMI PARA, SENUL TELMI PARA, BARACKPORE, BARACKPORE, COLLEGE SANCH SELMI SE

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### **RESOLUTION:**

- 1. Topic wise syllabus discuss
- 2. Discussion of importance concepts and question.
- 3. Mock test and previous year's paper to help practice importance question.
- 4. Make a Study Plan. Once you are familiar with the syllabus, make a plan of how you will study for the exam.

Principal Mugberia Gangadhar Mahavidyalaya